

CANYON

SKI RESORT



Canyon Ski Resort & Recreation Area Ltd. Ski & Snowboard School Program Information

As Alberta's largest non-mountain alpine resort we are proud to teach and encourage people of all ages in the sports of skiing and snowboarding. We hope that today's new participants will go on to enjoy an active lifestyle involving downhill recreation.

Canyon has it all! We have 164 meter vertical, which gives everyone a slope to suit their preference. With five different lifts and eighteen runs, Canyon gives you more time on the slopes and less in line-ups. With our extensive lighting system illuminating your way, your group will enjoy a pleasurable evening under the stars. Groups can plan their trips from late November to early March.

Location:

Canyon Ski Resort is located just 8 km east of Red Deer. We are easy to find just 150 km south of Edmonton or 150 km north of Calgary on the Q.E.2. At Red Deer take either 67 Street, 32 Street, or Hwy 595 exit east to 30 Avenue then follow the signs. Maps are available from the administrative office, or on our website.

Presentations:

Canyon staff is available by appointment for safety and/or informational presentations at your location.

Contact:

Canyon Ski Resort

Phone: 403-346-7003 Fax: 403-347-0009

Check out our website www.canyonski.ca or email us at info@canyonski.ca

Canyon Ski Resort and Recreation Area Ltd.



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Program Overview

Canyon Ski Resort & Recreation Area's school and group programs are designed to incorporate and emphasize snow safety and the importance of outdoor recreational activities as a part of a healthy balanced life. We feel that every child and adult should have an opportunity to participate in skiing and snowboarding. To help facilitate this, Canyon makes every effort to offer a cost effective group package (lift, lesson, and rental).

Skiing and snowboarding fits into the Alberta School Curriculum for Physical Education under the general outcomes of activity, health benefits, cooperation, and daily activity. Our lesson programs place special emphasis on safety. Our instructional programs have been designed with curriculums in mind, and can be easily linked with mathematics, social studies, science, language learning, and health components. In addition, Canyon offers lesson plans and would be pleased to help aid you in organizing, planning, and creating an educational and enjoyable trip to our area.

Please take a few moments to go through the information provided in this booklet. It is important that the enclosed information be reviewed by all supervisors, teachers, and parents prior to the start of the program. We rely on you to communicate relevant information to other parties with vested interest in this program. We appreciate your efforts, and should you require anything further, please contact us at 403-346-7003.

Planning Guide

Canyon Ski Resort has developed a check list to assist in planning your group trip. We recognize that not all recommendations are feasible in all cases. We strongly suggest you review each segment and utilize the information to your benefit.

- ❑ **As soon as possible, complete the booking form (Appendix A) to the best of your ability and return it to our office via email (info@canyonski.ca) or fax (403-347-0009).**
- ❑ **Check confirmation**—we will send you an E-mail confirmation if your selected day is available. If it is not we will contact you to finalize an alternate date.
- ❑ At least **seven (7) days prior**, provide Canyon Ski Resort with an accurate breakdown of total group numbers, skiers, snowboarders, chaperones, lessons (divided into ability level), renters and lunches (if using our lunch program). Use the provided booking and rental forms, fill them out ahead of time and **bring this form with you**.
- ❑ Group members should know their height, weights, shoe size and ability level before they arrive.
- ❑ **Each participant should be provided with a copy of the alpine responsibility code**, which is enclosed. Reckless behavior, on and off the hill is serious and will **not** be tolerated.
- ❑ Bring the **Group Information Forms** with you to the area.
- ❑ Ensure that all supervisors are aware of their duties.
- ❑ Upon arrival, **students are required to remain on buses**, teachers or supervisors will obtain tickets from the main office. Parents will receive their tickets from teachers. ALL parents and teachers not skiing/snowboarding with students that are outside must obtain a **walking pass** from the office **individually**, they **MUST** be signed for.
- ❑ At your first visit, Canyon staff will board each bus to welcome and explain Canyon's procedures. They will go over rental equipment, lessons, ski conditions, behavior guidelines, rules and policies.
- ❑ **Supervisors should be in the Rental Shop**. Each group must have **at least one** supervisor to record ALL rental equipment numbers when coming and going.
- ❑ Once students have received their rental equipment they should meet their instructors at the snow school meeting place unless otherwise told to wait for the time their lessons are called over the intercom.
- ❑ Accurately filled in rental forms **MUST** be turned into the office, (copies can be made there). This includes all numbers on skis, boards, boots, and helmets from ALL group members (students and supervisors) after everyone has received their rental equipment. **(NOTE: Setting number must be recorded with EVERY ski rental. This number is given to each ski renter by the rental technician)**
- ❑ Supervisors must provide assistance at equipment return (verifying all equipment is checked off forms returned) and during bus loading. Individuals/groups are responsible for replacing lost or stolen equipment.

General Trip Information

Canyon Ski Resort & Recreation Area Ltd. Recommends that a parent package be developed and distributed.

Emergency Contacts

It is the responsibility of the parents or guardians to ensure there is a place that they can be reached, and that their child or/and teacher/supervisor is aware of the contact number of has it written down. Skiing and snowboarding are sports, and like all physical sports, there are inherent risks beyond control of Canyon Ski Resort and Recreation Area Ltd. The skier/snowboarder must assume all risks and dangers.

Lost and Found

- * Please advise students not to bring valuables to Canyon, as there are only a limited number of coin lockers. Canyon Ski Resort is not responsible for lost or stolen items.
- * Canyon will NOT lend out items from the lost and found.
- * Due to an abundance of items left at the area, Canyon Ski Resort and Recreation Area Ltd. does not keep items longer than thirty (30) days. Items left after this will be donated to local charities.

Area Passes

- * **Every person is required to wear an area pass while at Canyon Ski Resort.**
- * The pass must be visible and placed on an article of clothing that will be worn for the duration of the visit.
- * Unused passes should be returned as soon as possible, so that they will not be charged for.
- * The complimentary package is available for groups of twenty (20) or more. It includes two (2) FREE area passes (applicable to supervisors) for the first twenty (20) paying students/group members and then an additional pass for every ten (10) after that. For instance, if you bring a group of forty (40) students, you would receive four (4) free supervisor area passes.

Safety

Safety

Canyon Ski Resort and Recreation Area Ltd. Takes every measure to ensure that we meet the required safety guidelines for extracurricular activities, as outlined by Canada West Ski Areas Association and school boards. We are committed to providing the safest environments for learning skiing and snowboarding. Each participant should be provided with a copy of the Alpine Responsibility Code.

As safety is our most important consideration, Canyon reserves the right to revoke the area pass of any area participant for infractions of the Alpine Responsibility Code, Canyon's rules, policies and regulations.

Canyon Ski Resort enforces leashes (as per step 6 of the Alpine Responsibility Code). Leashes are mandatory on ALL snowboards and the lift operator will check this before every use of lift. If a group member does not have a leash, they can be purchased at our resort for \$5.25. Leashes are included with snowboard rentals.

Lessons

We encourage everyone to receive a lesson prior to the start of their day. School group lessons at Canyon Ski Resort include safety and instructional components. Lessons are included in our group program, however, lessons **MUST BE** pre-booked and have a **minimum of five (5) participants, per ability level**. Lessons are available for those at any ability level. We offer four (4) different levels of lessons, and they are all included in the group package. During the lessons our instructors are responsible for the supervision of students, however, we do strongly promote teachers and/or supervisors to accompany the lessons groups, and assist if necessary. At the conclusion of each lesson, the students will receive instructions on which general areas they should continue to practice.

*As lessons are complimentary with group lift passes, we like to include all participants in our snow school. We understand there are some group members who may have difficulty learning in a group setting; this may be due to a mental or physical disability, or even behavioral issues. **For the safety of everyone, all participants with learning disabilities must be in a private lesson for an additional cost of \$40.00. We do need to know this in advance so we can ensure adequate instructors are available. We do have instructors trained and proper equipment to accommodate this.***

Supervisors and Procedures

Supervision

- * Students **MUST** be supervised at all times, on the hill and in the lodge
- * Canyon Ski Resort and Recreation Area Ltd. recommends a ratio of 1:10; 1 supervisor for every 10 students.

Coordinator

- * The group coordinator will need to know how many people are in the group on each day of the trip.
- * The group coordinator will be responsible for the supervisors, and that they will maintain supervision of their students.
- * The group coordinator will pick-up and distribute volunteer, helper, and parent area passes, with the exception of walking passes, which need to be signed by the individual wearing the pass.
- * Canyon recommends that one supervisor from each group stay in the lodge at all times to oversee the students. They should stay in a designated group meeting area so all students can check-in with a person should they have an issue. It is recommended that this area be in the cafeteria.
- * Each day the coordinator should meet in the administrative office to discuss and finalize the invoice prior to the group departure. Preferred method of payment is a cheque.

Supervisors (including Volunteers and Helpers)

- * All available supervisors should assist with rentals, lift ticket distribution, and escorting the group around the area. Supervisors should receive the area pass after students/group members.
- * Supervisors, volunteers, helpers and parents must receive their pass from the coordinator or teacher.
- * At least one supervisor will be required in the rental shop to record equipment information from their students.
- * Once all students are finished in the rental shop, some supervisors should help the instructors in the dividing the students accordingly into lesson groups etc.
- * It is important to have at least one supervisor to provide assistance at equipment return and bus loading.

2013-2014 Pricing

(Prices do NOT include GST)

SCHOOL RATES	High School & Extra Teachers/Supervisors	Middle School	Elementary School
Full Day			
Area Pass & Lesson	\$27.25 + GST	\$24.25 + GST	\$21.25 + GST
Ski & Boot Rental	\$18.25 + GST	\$15.25 + GST	\$14.25 + GST
Snowboard & Boot Rental	\$29.00 + GST	\$29.00 + GST	\$29.00 + GST
Boot Rental	\$9.00 + GST	\$9.00 + GST	\$9.00 + GST
Helmet	\$5.00 + GST	\$5.00 + GST	\$5.00 + GST
Half Day (Max 4 hours)			
Area Pass & Lesson	\$20.50 + GST	\$18.50 + GST	\$16.25 + GST
Ski & Boot Rental	\$15.25 + GST	\$11.25 + GST	\$10.25 + GST
Snowboard & Boot Rental	\$24.00 + GST	\$24.00 + GST	\$24.00 + GST
Boot Rental	\$9.00 + GST	\$9.00 + GST	\$9.00 + GST
Helmet	\$5.00 + GST	\$5.00 + GST	\$5.00 + GST

Please Note: Due to their young age, children 4 years and younger may **not** join a group lesson. However, individual private lessons may be booked for those 4 and younger for the price of \$40.00/hour. Private lessons **must be booked in advance** in order to ensure instructor availability on the day of your trip. Please call (403) 346-7003



ALPINE RESPONSIBILITY CODE



THERE ARE ELEMENTS OF RISK THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE. REGARDLESS OF HOW YOU DECIDE TO USE THE SLOPES, ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A SAFE OUTDOOR EXPERIENCE.

- 1** *Always stay in control. You must be able to stop, or avoid other people or objects.*
- 2** *People ahead of you have the right-of-way. It is your responsibility to avoid them.*
- 3** *Do not stop where you obstruct a trail or are not visible from above.*
- 4** *Before starting downhill or merging onto a trail, look uphill and yield to others.*
- 5** *If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.*
- 6** *Always use proper devices to help prevent runaway equipment.*
- 7** *Observe and obey all posted signs and warnings.*
- 8** *Keep off closed trails and closed areas.*
- 9** *You must not use lifts or terrain if your ability is impaired through use of alcohol or drugs.*
- 10** *You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.*

**Know the Code - Be Safety Conscious
It is Your Responsibility**



Appendix A: Forms and Instructions

The forms located on the following pages should be **COPIED** out of this book. If you need further clarification on how to fill out the forms or which forms are needed, please phone our office (403) 346-7003.

Group Booking Forms

The group booking form is needed to reserve the dates selected for the trip. The form also provides the initial estimates of group size and requirements.

- * Please fill in ALL required information as accurately as possible.
- * Once the form is complete please return it to our office via fax (403) 347-0009. Please do this as soon as possible to get the original date and time requested.
- * The final submission of the form with exact numbers must be no later than seven (7) days prior to the trip.

Group Information Form Instructions

The group information form is used to provide the resort with a full list of all the participants attending the trip. Each student must be listed in order to receive the correct number of area passes, lessons, and rentals. Use the student information sheets to collect the information. **BRING THIS INFORMATION.**

- * Please ensure that the participant's information is filled out completely and correctly.
- * Please ensure that each form has the grade level, class number, or teacher's name indicated in the space provided.
- * Please print clearly
- * In the lesson column, indicate the person's ability level (see the rating chart on the Student Information Form). Lessons are included in our group program, however, lessons **MUST BE** pre booked and have a minimum of five (5) participants per ability level.

Student Information Form

This form has been developed for teachers to send home to the parents to categorize their child's abilities, height, weight, and rental requirements.

- * Send a copy of this form home to be filled out so you can collaborate the information provided by the parent/guardian into the Group Information Form.
- * Take the information from the filled out forms and transfer it into the Group Information Form. Keep the student information for future reference.
- * The student information forms **MUST BE** signed by the participant (and legal guardian if required) and handed in to our office when picking up lift passes.

Incorrect information creates delays. Canyon Ski Resort and Recreation Area Ltd. cannot be held responsible for incorrect information. For safety reasons, please ensure that all information is accurate.

Group Booking Form

Please provide estimated numbers for the following spaces provided. Use this form to update numbers.

Group Name: _____

Coordinator (print): _____

Mailing Address: _____

City: _____ Postal Code: _____

Phone Number: _____ Fax Number: _____

Email Address: _____

Requested Dates: _____

Requested Back-up Dates: _____

Arrival Time: _____ Departure Time: _____

Simply return via FAX (403) 347-0009 as soon as possible to confirm your requested dates and then again no later than seven (7) days prior to your first visit with your FINAL numbers.

	Area Pass & Lesson	Ski & Boot Rental	Snowboard & Boot Rental	Helmet Rental
High School Students				
Middle School Students				
Elementary Students				
Supervisors/Teachers				
TOTAL				

	Never Ever		Level 1 ●		Level 2 ■		Level 3 ◆	
	Ski	Board	Ski	Board	Ski	Board	Ski	Board
High School Students								
Middle School Students								
Elementary Students								
TOTAL								

All lessons require a minimum of 5 participants

Due to their young age, children 4 years and younger may **not** join a group lesson, but parents/guardians should preregister their child(ren) for a private lesson by phoning Canyon Ski School directly.

I, the group coordinator, have read, understand and accept Canyon Ski Resort and Recreation Area Ltd.'s policies, procedures, and conditions and agree to abide by all rules and regulations.

Coordinator Signature: _____

Date: _____

Note to Participants (and legal guardians if under 18 yrs of age)
Please Read Carefully!

This form must be completed and signed and is required for all participants who wish to participate in this outdoor recreation and ski/snowboard education program. In this agreement, the term "skiing" shall include "snowboarding" and "telemark skiing" and "we" shall refer to "participant and his/her parent(s)".

ASSUMPTION OF RISK

We are aware that skiing involves many risks, dangers and hazards and we assume all risk of personal injury, death or property loss resulting from any cause whatsoever including but not limited to the inherent risks of skiing, the use of ski lifts, collision with natural or man-made objects or other skiers, travel within or beyond the ski area boundaries, or negligence, breach of contract, or breach of statutory duty of care on the part of Canyon Ski Resort & Recreation Area Ltd. and its staff. We agree that Canyon Ski Resort & Recreation Area Ltd. and its employees and agents shall not be liable for any such personal injury, death or property loss and release Canyon Ski Resort & Recreation Area Ltd. and its employees and agents and waive all claims with respect thereto.

Participant's Initials _____ **Parent's Initials (if under 18yrs of age)** _____

EQUIPMENT

Canyon Ski Resort & Recreation Area Ltd. provides rental equipment. Bindings on equipment reduce the risk of injury when falling. They will not release under all circumstances and they do not guarantee safety in all cases.

ALPINE RESPONSIBILITY CODE

Canyon Ski Resort & Recreation Area Ltd. requires you know and obey the ALPINE RESPONSIBILITY CODE. Skiers must always SKI UNDER CONTROL AND BE ABLE TO STOP TO AVOID COLLISION WITH OTHER SKIERS OR OBJECTS. Canyon Ski Resort & Recreation Area Ltd. enforces leashes (as per step 6 of the Alpine Responsibility Code). Leashes are mandatory on ALL snowboards and the lift operator will check this before every use of lift. If a group member does not have a leash, they can be purchased at our resort for \$5.25. Leashes are included with snowboard rentals.

ACKNOWLEDGMENT

My participating child and I understand these warnings and we have identified my child's ski/snowboard classification as (check one only):

N. Non-Skier/Non-Snowboarder (first time)

- 1. **Ski/Snowboard conservatively. Prefer slow speeds. Prefer easy, moderate slopes. Favor lower than average release/retention settings. This corresponds to an increased risk of inadvertent binding release in order to gain increased release capability in a fall.**
- 2. **Ski/Snowboard moderately. Prefer a variety of speed. Ride on a varied terrain, including most difficult trails. All skiers who do not meet all descriptions of either Type 1 or Type 3.**
- 3. **Ski/Snowboard aggressively. Normally ski at higher speed. Prefer steeper and more challenging terrain. Favor higher than average release/retention settings. This corresponds to decreased capability to release in a fall in order to decrease risk of inadvertent binding release.**

Student/Participant Name: _____

Skiing: _____ **Snowboarding:** _____ **Height:** _____ **ft.** **inches** **Weight:** _____ **lbs**

Ability Level (see chart above): _____ **Shoe Size:** _____ **Age:** _____

Parent/Contact Name: _____ **Emergency Contact #:** _____

Please Print:

Participant: I have read and agree to adhere to all Canyon Ski Resort & Recreation Area Ltd. policies, the Alpine Responsibility Code, and the Assumption of Risk.

I give my child: _____ (name of participant) permission to participate in a Ski and Snowboard Program at Canyon Ski Resort and Recreation Area Ltd.

Participant Signature: _____ Date: _____

Parent Legal Guardian Signature (if under 18 years of age): _____

LUNCH PROGRAM

School/Group: _____ Coordinator: _____

Date of Booking: _____ Lunch Time: _____

ALL LUNCHESES \$ 10.00 EACH (including GST)

Options	Description	Quantity
A	Jumbo Hot Dog, Fries, & Beverage	
B	Hamburger, Fries, & Beverage	
C	Chicken Fingers, Fries, & Beverage	
D	Corn Dog, Fries, & Beverage	

PLEASE NOTE:

- * All lunch orders must be pre-ordered **one (1) week prior** to your arrival date specifying how many numbers from each of A, B, C and D menus have been requested.
- * Lunches will be charged with the school/group invoice.
- * Orders will not be taken on day of booking date.

**PLEASE RETURN THIS LUNCH ORDER FORM
WITH YOUR GROUP BOOKING FORM
ONE WEEK PRIOR TO ARRIVAL**